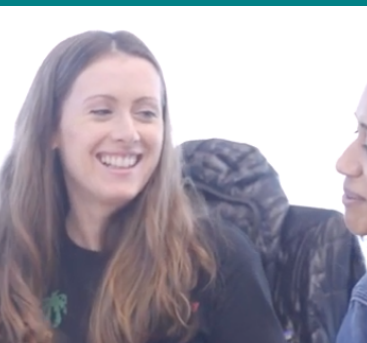




The
Confidence
Collective



Embrace vulnerability to
empower self-belief





Develop ~ Succeed ~ Inspire



The Confidence Collective is designed to develop and empower people to build a unique journey into the next stage of their careers.

This accessible programme focuses on four key areas, providing practical advice and activities to help you develop confidence in each area and take it forward as you progress through your career.

Led by our expert coaches, you'll join a small group of like-minded individuals to work on areas including self-awareness, embracing your natural strengths, enabling effective communication, and understanding your journey to success.

The course also focuses on building confidence and resilience, managing impostor syndrome, and empowering you to project your authentic self and areas of expertise. It is underpinned by leadership skills and processes to build effective teams and partnerships.

“

"I can genuinely say that this programme has helped me understand what I want to do in life and my purpose. I've never been more clear on my direction."



FOUR SESSIONS. ONE GOAL.

- Session 1: Your Journey
- Session 2: Your Confidence
- Session 3: Your Profile
- Session 4: Your Leadership

Session 1

Session 1 focuses on understanding and creating your own development journey by defining what success means to you, defining core values, and how these underpin decisions. It also emphasizes raising awareness of natural strengths and how to utilise them when under pressure.

Session 2

Session 2 addresses building confidence and gaining an understanding of imposter syndrome, why we need to manage it, and tangible actions to build confidence and resilience.

Session 3

Session 3 develops skills to increase visibility in your role using practical models and techniques, including panel discussions, to encourage being confident and compelling in client/customer and colleague conversations.

Session 4

Session 4 harnesses existing strengths and newly learned skills to inspire strong technical leadership. It focuses on how your team impacts your product and provides practical steps for structuring teams and processes for success.



130+ CONFIDENT WOMEN

Since 2017, we've worked with over 130 women to empower a more confident future.

100% of participants felt that the course met their expectations.



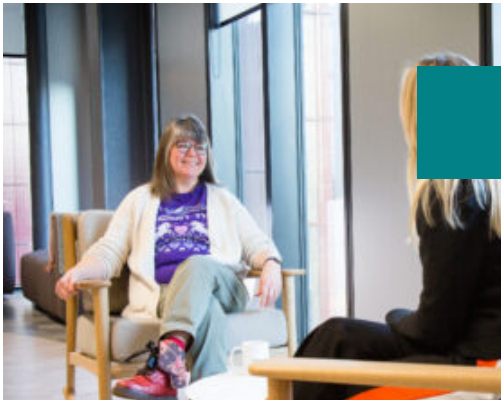
WHAT THEY DID NEXT

Our alumni are putting their learning into action, from making videos to confidently applying for leadership roles, and even speaking at TEDx!



WHAT THEY SAY

"I found the programme hugely beneficial and feel very lucky to have been a part of it. I would fully recommend that anyone who is considering applying to definitely do it!"



WHAT CONFIDENCE MEANS TO YOU



Everyone who becomes part of The Confidence Collective will take away the skills and techniques to focus on what is really important to them, whether that's posting a video on social media, writing a blog, or simply feeling in control of their life and career.

Confidence means something different to everyone, and we believe it should be **accessible to everyone.**

The most valuable thing I've learned is that when you take action, things happen. After every session, I've done something; I've taken action and I've seen the positive impact already."





SESSION DATES

May 2023 programme

- **Session 1:** Thursday 25 May 2023
- **Session 2:** Thursday 15 June 2023
- **Session 3:** Tuesday 25 June 2023
- **Session 4:** Wednesday 19 July 2023

Duration: All sessions run from 10:00 – 16:00.

Location: Northcoders, Manchester Technology Centre, 103 Oxford Rd, Manchester, M1 7ED.

Application deadline: Sunday 21 May 2023 at 23:59.





COURSE FEES

Let's make a change together

Individuals fees

Self-fund your spot on our course with flexible payment options, including payment plans or full upfront payment. We know the importance of personal and career development and we don't believe cost should be a barrier. Contact our team during the application process to find the best payment plan for you.

- **Fees: £1000 plus VAT per self-funding individual.**
- Payment method: Full upfront payment OR instalment plans available.

Business fees

If you're a business pursuing this programme as part of your employees' professional development below is the listed course fee per individual.

- **Fees: £1500 plus VAT per individual supported by their employer.**
- Payment method: Full upfront payment.

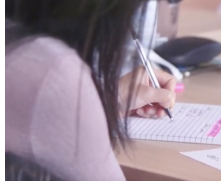
If your business is interested in enrolling multiple participants on our programme, we offer bespoke packages that can be tailored to your specific needs. Feel free to reach out to us to discuss the options available for you and your business.



GET IN TOUCH

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